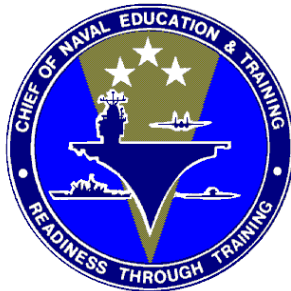


**Chief of Naval Education and Training
Public Affairs Office
250 Dallas Street
Pensacola, Florida 32508-5220
(850) 452-4858
Fax: (850) 452-4863**



NEWS

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Barnes Awarded a Navy Commendation Medal for Nomination as CNET Shore Sailor of the Year

PENSACOLA, Fla.—Petty Officer 1st Class Don Barnes, a native of Palmdale, Calif., received the Navy Commendation medal for selection as one of seven Sailors nominated for the CNET Shore Sailor of the Year.

The Sailor of the Year program recognizes the best all-around Sailors in paygrades E-6 and below. The nominees demonstrate sustained superior performance in leadership, technical proficiency, motivation, participation in community affairs, and other noteworthy achievements.

Petty Officer 1st Class Don Barnes, a Submarine Sonar Technician (Sub-Surface) representing Naval Submarine School, Groton, Conn., is the Leading Petty Officer and Lead Instructor for Sonar Technician Submarine (STS) "A" School. Barnes, a native of Palmdale, Calif., joined the Navy in December 1984. He was praised by the Commander, Submarine Forces Pacific Tactical Readiness Examination Team members for outstanding managerial and leadership skills contributing to the operation and administration of STS "A" school. Barnes has achieved the designation as a Master Training Specialist, and is directly responsible for implementing the Interactive Multisensor Analysis Trainer (IMAT) into STS "A" School. The implementation of this program has resulted in presentation of 20% more material, and has shortened the course by two weeks. In the community he has served as Coordinator for the Twelfth Annual Navy League of the United States Toys for Children Campaign, which raised more than \$57,000 in toys. He also participates in the command's Habitat for Humanity program.

For more information regarding the CNET Shore Sailor of the Year, please contact Michele Harrison at the Chief of Naval Education and Training (CNET) Public Affairs Office at (850) 452-4859/4858.